

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Stamp Out Hunger 5k Time: 8:30AM	4	5 Personal Dietitian Consultation Time: 9:00AM - 11:00AM September Kids Can Cook @ Pinelands Library! Time: 4:00PM	6	7	8
9	10	11	12	13	14	15
16	17 Culinary Workshop Greek Goodness Time: 6:30PM	18 Personal Dietitian Consultation Time: 10:00AM - 12:00PM September Kids Can Cook @ Pinelands Library! Time: 4:00PM Sept. Weight Loss Support Group Time: 6:00PM	19	20 Olsen Middle School Health and Wellness Lunch n Learn Time: 11:00AM Personal Dietitian Consultation Time: 3:00 PM - 5:00 PM	21 Tabernacle Elementary School Health and Wellness Lunch n Learn Time: 11:30AM	22
23	24 Personal Dietitian Consultation Time: 3:00 PM - 5:00 PM	25	26	27 Family Meal Demo Time: 11:00 AM Personal Dietitian Consultation Time: 4:00 PM - 5:00 PM	28 Pemberton Township Employee Health Fair Time: 11:00 AM	29
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FREE NUTRITION SERVICES

- Nutrition Counseling
- Community Events
- Store Tours
- Health Screenings
- Kids' Nutrition Education Programs

