



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
27	28	29	30	31	1	2
3	4 Dietitian's Pick Demo Time: 12:00 PM	5 Personal Dietitian Consultation Hours Time: 9:00 AM - 5:00 PM	6 Kids Can Cook! Time: 4:00 PM	7	8	9
10	11 Adult Culinary Workshop - International Comfort Food Time: 6:30 PM	12	13 Dietitian Meeting Time: 9:00 AM Personal Dietitian Consultation Hours Time: 1:00 PM - 5:00 PM	14 Dietitian's Pick Demo Time: 11:00 AM	15	16
17	18	19 Snack Attack! Time: 4:00 PM Weight Loss Support Group Time: 6:00 PM	20	21	22	23
24	25 Personal Dietitian Consultation Hours Time: 12:00 PM - 4:00 PM Girl Scout Nutrition Event Time: 6:00 PM	26 Dietetics Presentation to RCBC Culinary Students Time: 5:30 PM	27	28 Dietitian's Pick Demo Time: 11:00 AM	1	2



Beth Ann Peterson
Dietitian

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FREE NUTRITION SERVICES

DIETITIAN
Beth Ann Peterson
(609) 953-7700 Ext. 7
bethann.peterson@wakefern.com



DATE: February 5,13,25

Personal Dietitian Consultation Hours

Everybody's nutrition journey is unique. Start your road to a healthier life with a ...

Cost: \$0.00

Duration: 1:00 Hours

Location: ShopRite of Medford, Rt. 70 & Charles Street

DATE: February 6

Kids Can Cook!

Hey Kids! Join the dietitians to learn about healthy eating. We'll also make a nutritious ...

Cost: \$0.00

Duration: 1:00 Hours

Location: ShopRite of Medford, Rt. 70 & Charles Street

DATE: February 11

Adult Culinary Workshop - International Comfort Food

Expand your palate with flavor profiles from Greece, Sweden and Asia in this culinary ...

Cost: \$20.00

Duration: 2:00 Hours

Location: ShopRite of Medford, Rt. 70 & Charles Street

DATE: February 13

Dietitian Meeting

Beth Ann will be attending a meeting.

Cost: \$0.00

Duration: 4:00 Hours

Location: ShopRite of Medford, Rt. 70 & Charles Street

DATE: February 19

Snack Attack!

Kids, Join the dietitian to make a healthy snack! Learn about the food groups and more.

Cost: \$0.00

Duration: 1:00 Hours

Location: ShopRite of Medford, Rt. 70 & Charles Street

DATE: February 25

Girl Scout Nutrition Event

The dietitians will teach the girl scout troop about healthy eating!

Cost: \$0.00

Duration: 1:00 Hours

Location: ShopRite of Medford, Rt. 70 & Charles Street

DATE: February 26

Dietetics Presentation to RCBC Culinary Students

Culinary students at RCBC will learn about career options in the field of dietetics.

Cost: \$0.00

Duration: 1:00 Hours

Location: ShopRite of Medford, Rt. 70 & Charles Street

DIETITIAN

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